



# NEWS

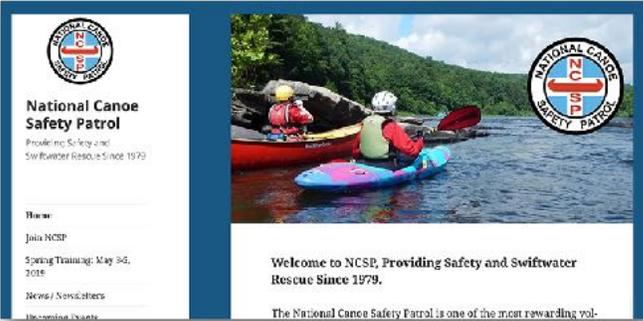
## Winter 2019

### “Commodore’s Corner”

The National Canoe Safety Patrol, or NCSP as it’s known, began in 1979. Here we are mid-winter of 2019, just a few months away from celebrating our **40th Anniversary!** Over those 40 years, the number of times our members have assisted the public, providing rescues and support on the water, are incalculable. If recent data from the past few years is any indication, NCSP patrollers have been responsible for literally thousands of rescues, including life-saving responses. Being a member of NCSP is deeply fulfilling and rewarding. Thank you all for your contributions and dedication to helping NCSP reach this remarkable milestone. We have a number of ways that we’ll be reflecting on this special anniversary. As we do each year, things will start with our Spring Training, scheduled for **May 3-5, 2019**. Mark your calendars if you haven’t already. That will be followed by our second Mathers Swiftwater Training, set for **May 11-12, 2019**. The course is fully enrolled and a good indicator of the professional skillset of our membership. For those interested, we have tentatively scheduled the Mather training to return every second year, likely again in May of 2021. Dates are not yet finalized for a mid-summer cookout and 40th anniversary

celebration, but we are looking at sometime mid-summer to bring everyone together for a great weekend on the river. Stay tuned for more details to be announced at or before Spring Training.

### Updated NCSP Website



[www.nationalcanoesafetypatrol.wordpress.com](http://www.nationalcanoesafetypatrol.wordpress.com)

We are very pleased to introduce everyone to our new, updated NCSP website, which is now up and running. I’d like to personally thank the dozen members who gave their time and

### Inside

- **Spring Training**.....Pg. 2
- **Fall Dinner Highlights**.....Pg. 3
- **Marine Band Radios**.....Pg. 4
- **First Aid / CPR classes**.....Pg. 5

expertise to review the draft. The site will have both publicly accessible pages and member-only pages. Some of the best news is that the pages can be easily edited by our officers, which means an end to out-of-date items. Please bookmark the new site at your first opportunity and visit often. While it's still having items added, we appreciate your suggestions. Let us know what you think. Most importantly, point friends, family and the general public to our page so they can learn more about NCSP and all the good work each of you are a part of as volunteers patrolling the Upper Delaware throughout each season.

There's much more to share as you'll read in the many articles in this newsletter. In closing, let me encourage you to send in your own patrol stories for future newsletters. It's your memorable moments on the water that truly make a difference for those you come in contact with. I look forward to paddling with you this season.

**Marc Magnus-Sharpe**  
**NCSP Commodore**



**The morning briefing at Spring training 2018.**

## 2019 Spring Training

Spring training is coming up fast. This year's training weekend for the NCSP is set for **May 3-5, 2019**, rain, sleet or shine. The final schedule and registration materials will be sent out in April. It is anticipated that we will continue with hands-on training and with some curriculum changes that should expand our experience. The strainer drill is back this year, and the class in river first aid will probably involve some scenarios. The scenarios class will basically be replaced by a

class on practicing river rescues first hand. Hopefully these skills will give members a head start in situations they encounter on the river. The training is challenging at times, but it is through training that we build good teams! And freezing out in the water every spring makes for good stories around the campfire! This year's training will continue at Luke's Landing, Cedar Rapids and Shohola Rapids in Barryville. Friday evening the Command tent will be open from 5:00 p.m. to 10:00 p.m. for check-in, and again on Saturday morning at 7:30 a.m. Camping at Kittattiny Lukes Landing is available Friday and Saturday nights. Please check in upon arrival, so we can finalize the training teams as soon as possible. Training staff, please note that there will be a training staff meeting at 7:30 a.m. on Saturday and Sunday.

Saturday morning there will be a daily briefing at 8:00 for all participants. The Saturday training sessions will run from 9:00 to 4:45, with a break at noon for lunch. The Sunday sessions will run from 9:00 a.m. to about 12:30 p.m., followed by cleanup and a debriefing. The Saturday morning sessions are "dry," but Saturday afternoon and Sunday the sessions are "wet," i.e., in the water. Participants must have a life preserver (PFD) and helmet for all stations. You will also need a wet or drysuit for the wet stations and a throwbag, if you have one. It may be possible to rent wet suits from the Kittattiny Adventure Center. The boat-based rescue station will require boats, so please bring yours, if you have one.

Upon completing the training on Sunday, and after presenting your current CPR and First Aid certifications, you will receive your member ID. Then, as usual, after classes end on Sunday, we plan to have the ever-popular annual Richard Rhodes throwbag challenge. Prizes for first and second place will be awarded, so start honing your skills.

Another training opportunity in the works is the Mike Mathers Swiftwater Rescue training. This will take place around a week after the NCSP training. I am looking forward to seeing everybody in May for another great training year!

**Peter Van Slyke,**  
**NCSP Training Director**

*The weekend's schedule, plus class details and registration materials, will be sent out in early April. Also going to have online registration available this year. Stay tune!*

**Chuck Haupt, NCSP Secretary**

## The Dick Rhodes Golden Biner Award

It was an honor to recognize **Nancy Nyitrai** as the 2018 Golden Biner Award recipient. Since joining NCSP in 2015, Nancy has been a stalwart, dedicated patrol member, serving the organization at every opportunity. She's invested hundreds of hours just above Skinner's Falls, ensuring everyone had their lifejacket on, zipped and tied. This singular action has dramatically increased safety for everyone on the water. For all of us set up just a few hundred yards further downstream, we continued to have plenty of rescues and boat-overs, but now almost 100% of the swimmers were floating safely with lifejackets able to work properly. Nancy has also volunteered and served extensively as land support for the Delaware River Sojourn over the past three years, as well as assisted with Zane Grey Days and advanced local NCSP recruiting efforts. Nancy is a selfless member of NCSP, opting most often to work behind the scenes, always ready to step up and volunteer. For these reasons, it was wonderful to catch her by surprise at fall dinner, surrounded by friends, and recognize her many contributions. Thank you Nancy!



**Commodore Marc Magnus-Sharpe hugs the surprised Nancy Nyitrai as the 2018 Dick Rhodes Golden Biner Award recipient.**

## Fall Dinner Highlights

The NCSP Fall Dinner was once again held at the Woodloch Springs Resort in Lackawaxen Township on October 28th.

Highlights:

- Commodore **Marc Magnus-Sharpe** welcomed everyone and talked about the upcoming 40th Anniversary year along with the Mathers Swift Water Rescue training, the New NCSP website and applying for 501c3 status.
- Secretary **Chuck Haupt** reported that **69** members had a total of **473** Patrol days for 2018; that includes the **22** members who patrolled or were land-based with the Delaware Sojourn. **43** of the **69** patrolled **4** or more days! The busiest patrol month was September with **94**. The slowest was May, with **51**.
- Probationary or returning members who met their patrol requirements and now are active members: **Crystal Abel, Susan Allen, Pat Beltz, Joseph Cona, Brian Horowitz, Mark Neth, Susan Ritchie, Jim & Kay Sivel and Zachary Richard**.
- Slate of officers for **2019** was presented; membership approved as follows:

Commodore **Marc Magnus-Sharpe**; Vice Commodore **Larry Palmer**; Treasurer **Jim Schulte**; Secretary **Chuck Haupt**.

We had one nomination from the floor for **Erika Poston** for Marketing Director, also approved. Welcome, Erika!

- Commodore Marc Magnus-Sharpe presented the Incentive Awards, based on the number of patrol and service days in 2017, with the top 10 being **Walter South, Lorraine Poston, Jacqui Wagner, Marc Magnus, John Bilitz, Dave & Jane Simon, Louise & Westly Young and Peter VanSlyke**.
- **Rob Post** thanked the members who helped him to lead a trip of students on the Delaware this pass summer.

"So many people here with hearts of service," he said. Rob also designed and made up a plastic card, left, that marks the mileage from the Milanville Bridge to Port Jervis as part of our 40th Anniversary for members to have. More will be available at Spring Training. Thanks, Rob!





**Ken Bailey reacts to the presentation of the award honoring his work with NCSP.**

- **Vice Commodore Larry Palmer** awarded the new “**Ken Bailey Mentorship Award**” to none other than **Ken Bailey**, honoring him for all of his work with developing the program started by the late Dick Rhodes.
- NPS’s **Ingrid Peteric** awarded incentive gifts to members based on their cumulative hours. The benefits now have reached over a million dollars over the years, she said.

### The Richard Rhodes Scholarship Fund

You hold in your hands resources that can spark a lifetime of service and satisfaction for the next generation. You know how exciting it is to be on the water, together with other paddlers, making a real



**Ryan Rhodes talking about his experiences patrolling with his father as he was growing up.**

difference when it’s needed. Part of the NCSP family, you have nurtured and mentored our newest members, and the time they spend with each of you is indeed priceless. Another way we can all make it a little easier for our youngest candidates is to donate well-used gear and clothes for sale at Spring Training. By giving your things a “second life” with another paddler, you can help us raise more funds for the

scholarship effort. These funds are used to provide helmets, lifejackets, throwbags and a long list of essential items.

As you wait for spring, take a moment and go through your gear. Set aside a pile to donate. On one of those sunny summer weekends, it will feel good seeing a young recruit paddling past you wearing your old helmet, or tossing the throwbag with your initials on it.

Thank you for your support providing an important hand-up to the next NCSP generation.

## Marine Band Radios

**\$90 - NCSP Member Price**

**– Order Now**

At our recent Fall dinner, we had strong interest in being part of a bulk purchase of marine band radios for our membership. It benefits our entire organization and everyone on the river when we can communicate clearly on the water. ICOM has been very positive in wanting to help us have the very best radio for our needs.

Ok, here it is - the big news: Now’s your opportunity to purchase a quality Marine Band Radio, ICOM’s M-36. It floats, boasts 6 watts of power, voice boost, 8-hour battery with charging station, waterproof rated IPX7. NCSP member price \$90. That’s 47% off of retail (\$171). We got a great deal!

**Order deadline is noon on February 27, 2019.** That’s when I’ll place a bulk order for NCSP. The radios will be available and payment due at Spring Training. Send me an email to [msmagnus@yahoo.com](mailto:msmagnus@yahoo.com) that includes how many radios you want, the total cost you are committed to paying (i.e. 2 radios, \$180). I will send you a confirmation reply. Learn more about the M-36, visit [here](#). Any other questions, send me a message. See (and hear) you on the river!





Practicing boat-over skills during the Boat Based Rescue class at Spring Training 2018.

## First Aid / CPR / AED Training

Each NCSP member must maintain certification in CPR/AED & First Aid. **Please remember to bring your cards to training weekend in order to receive your NCSP ID and to continue patrolling.**

Still need to get your certifications?

Veteran member Joe Bennett will again be using the American Heart Association online CPR course, which may be the easiest and most efficient way to go, and he feels that it has the best retention rate.

Simply register on-line at:

[www.onlineaha.org/courses#](http://www.onlineaha.org/courses#)

Take one of two online courses (Heartsaver CPR AED or Heartsaver First Aid CPR AED.... Both are available 24/7 and may be started and stopped as you wish.), print a certificate, and then join Joe on Sunday afternoon following NCSP Training Weekend from 1:30p.m. to 3:00p.m. to complete the course by testing your skills on the Annie's and AEDs.

- Successful completion of 1 of the 2 courses below requires three parts: The online course... then a hands-on skills practice session and skills test with Joe, who is an authorized BLS Professional Rescuer and Heartsaver Instructor. All certifications and continuing access to the website and manual are then good for two full years.

**CPR AED** (Heartsaver® CPR AED Online Part 1 Course #15-1401). The course is \$15.00 and \$43.00 for the ecard totaling \$58.00 and is good for 2 years. Time online: 1 to 2 hours.

**1st Aid CPR AED** (HeartSaver First Aid, CPR and AED, Online Part 1 Course #15-1403) The course is \$30 and \$48 for the eCard totaling \$78 and is good for two years. Time online: 1.5 to 2.5 hours.

- He includes teaching the use of a BVM (bag valve mask) and team CPR, which comes with the more expensive Basic Life Support courses.
- He will be offering both skills testing sessions on Sunday May 7th, 1:30pm to 3:00pm, at Kittatinny's Barryville base pavilion following NCSP Training Weekend. Please bring payment in the form of cash or check to your class.
- If you are interested in any of the classes listed above, please reply to Joe Bennett's [email](#) by no later than **Wednesday, April 18th!** He must have your email commitment and completion certificate number in order to have sufficient manikins, AED trainers, epi pens, bandages, etc.
- If you reside in the Greater Lehigh Valley, Joe will also be teaching in the area in April

and May. Email him directly to check on the date and locations.

The link to the online CPR and First Aid courses is:  
[www.onlineaha.org/courses#](http://www.onlineaha.org/courses#)

After checking the link above and watching the DEMOs, if you have any additional questions, just give Joe a shout.

#### Other options:

- **American Red Cross**...use this link to find a class near you:

[www.redcross.org/take-a-class/program-highlights/first-aid](http://www.redcross.org/take-a-class/program-highlights/first-aid)

- The **National Park Service** will hold Wilderness First Aid and CPR classes in May. Anyone from NCSP is welcome to attend this training free of charge. **CPR and Wilderness First Aid** training will take over three days, tentatively scheduled for May 20th to the 22nd. Details to come in the Spring newsletter.

Both will be held at Park Headquarters, 274 River Road, Beach Lake, PA 18405

To reserve a spot, contact Ingrid Peterec at [ingrid\\_peterec@nps.gov](mailto:ingrid_peterec@nps.gov)

### EMT Refresher Course

Delaware Water Gap is holding this **NR-EMT Refresher** on **March 27-29** at the DEWA and is open to anyone in NCSP who may need this. Respond directly to Mitch Hauptman if interested in signing up or getting more information. His email address is [mitchell\\_hauptman@nps.gov](mailto:mitchell_hauptman@nps.gov)

### 2019 Delaware Sojourn

Save the dates **June 14-22** for this year's Delaware Sojourn. Members provide safety and land support during the annual event and get patrol credit. Sign up during Spring Training.

For more details of this year's event, visit:

[www.delawareriversojourn.org](http://www.delawareriversojourn.org)

### New Members: What you need to know for patrolling

**Gear for Patrols-** You need either a kayak or canoe, lifejacket, helmet, medical kit, throw bag, prusiks, several locking carabiners, paddles, and gear for overnight camping.

**Patrol-** NCSP conducts stationary and moving patrols. An example of a stationary patrol might be an area called Skinners Falls where the team remains on site the entire patrol. A moving patrol moves from one section of the river to another. NCSP is assigned a section of the Upper Delaware from Skinners Falls to Matamoras, PA. A daily patrol lasts six hours.

**Camping-** NCSP has two campsites available free of charge for members: Kittatinny, Barryville site 511 and Sylvania Tree Farm. Both campsites have restrooms with shower facilities.

**Meals-** Bring lunch for patrol and join members at a variety of restaurants for breakfast and dinner.

**Medical certifications-** Adult CPR and basic first aid required

**Skill-** Level-two paddling skill is suggested. You will be assigned a mentor by **Lorraine Poston**, our new member liaison. You must patrol with your mentor or another active member the first year of membership.

### 2019 NCSP OFFICERS

**Commodore:** Marc Magnus-Sharpe  
[msmagnus@yahoo.com](mailto:msmagnus@yahoo.com)  
646-265-7898

**Vice Commodore:** Larry Palmer  
[lpalmer@wecast.com](mailto:lpalmer@wecast.com)  
570-956-4631

**Treasurer:** Jim Schulte  
[schultejim@msn.com](mailto:schultejim@msn.com)  
215-802-1974

**Secretary:** Chuck Haupt  
[chaupt@me.com](mailto:chaupt@me.com)  
607-785-4054 / 607-744-1538

**Marketing Director:** Erika Poston  
[postonerika@gmail.com](mailto:postonerika@gmail.com)  
845-672-0151

**Training Director:** Peter Van Slyke  
**New Member Liaison:** Lorraine Poston

# Waiver and Statement of Individual Responsibility



## National Canoe Safety Patrol Standard Registration Form, Waiver and Statement of Individual Responsibility

Office Use Only	
<input type="checkbox"/>	Photo _____
<input type="checkbox"/>	Dues _____
<input type="checkbox"/>	Dinner-qty _____

- **Member Name:** \_\_\_\_\_ **DATE of BIRTH:** \_\_\_\_\_
- **Mailing Address:** \_\_\_\_\_
- **City:** \_\_\_\_\_ **ST** \_\_\_\_\_ **Zip** \_\_\_\_\_
- **Primary phone:** \_\_\_\_\_ **Type:** *(Home, Work, Cell, Other)* \_\_\_\_\_
- **Alternate Phone:** \_\_\_\_\_ **Type:** *(Home, Work, Cell, Other)* \_\_\_\_\_
- **Email Address:** \_\_\_\_\_
- **Share contact information with other members?**  YES  NO *(indicate one only / Required)*
- **I prefer to receive Newsletter via:**  EMAIL  USPS *(USPS-only if you don't have email)*
- **Emergency Contact:**
  - o **Relationship to member:** \_\_\_\_\_
  - o **Phone:** \_\_\_\_\_
- **First Aid/ CPR and other certifications:** *(Please provide Course name, Location, and Date or copy of certificate)*
  - o **Latest First Aid Certification:** \_\_\_\_\_
  - o **Latest CPR Certification:** \_\_\_\_\_
  - o **Additional Rescue Certifications:** \_\_\_\_\_

### STATEMENT OF INDIVIDUAL RESPONSIBILITY AND WAIVER

I, \_\_\_\_\_, desiring to join my fellow paddlers in the National Canoe Safety Patrol, do hereby declare that I fully understand and accept the following:

1. Canoeing, kayaking, or rafting, particularly in rescue situations, are inherently dangerous activities.
2. No one but myself is responsible for my safety when I choose to challenge my capabilities by assisting in a river rescue or training event.
3. I expect to assist my fellow paddlers to the best of my own personal skill and ability if they appear to need such assistance but only so long as I can do so, in my own judgment, without significant danger to myself. I further understand that this does not imply any legal duty for me to do so, nor for anyone else to render such assistance to me.
4. The intention and purpose of this waiver is applicable to all National Canoe Safety Patrol Activities.

**NOW THEREFORE, INTENDING TO BE LEGALLY BOUND, I HEREBY WAIVE**, for myself and for anyone else claiming through me, my right to sue the National Canoe Safety Patrol, its officers, trip coordinators, instructional staff, members, or leaders, or any of my fellow paddlers, for any injuries to my person or my equipment which may occur during, in preparation for, or in transit to or from a National Canoe Safety Patrol activity. This waiver applies to any negligent act or omission, and to any intentional act intended to promote my safety or wellbeing.

This waiver is given in the interest of permitting the National Canoe Safety Patrol to exist and to serve the paddling community, and to enable myself and my fellow paddlers to feel free to donate their services to improving the sport and to help in training those less skilled than ourselves without fear of liability.

**MY WAIVER IS GIVEN IN EXCHANGE FOR SIMILAR WAIVERS TO BE GRANTED ON MY BEHALF BY OTHER MEMBERS OF THE NATIONAL CANOE SAFETY PATROL.**

SIGNED, this \_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_ Signature \_\_\_\_\_